

Saint Mary's Sports Premium - End of Year Review

At Saint Mary's we are committed to continuously developing teachers, refining our curriculum, highlighting the importance of physical education, and providing a wide range of sports for all children.

Building Confidence, Knowledge, and Skills of Staff in Teaching PE and Sport

To build the confidence, knowledge and skills of staff in teaching PE and sport, we have invested heavily in 3 crucial areas: curriculum, teacher training and resources. Our curriculum has been meticulously designed by experts and, as a result, has precisely the kind of deliberate, incremental introduction and development of skills necessary for children to master a particular sport. Each week children work on a component skill required to play a particular sport. For instance, in a unit on basketball, children work on the following components: different types of pass, defense, dribbling and shooting. Through doing so, they learn the skills required to play small matches with their peers. Teachers, and children, benefit enormously from this careful curriculum design.

Teacher training is central to building staff confidence and expertise. As a result of teacher training and support, teachers at St. Mary's teach outstanding lessons and are quick to draw attention to the benefits of sport and physical activity.

As the curriculum must be well designed and the teachers well trained to teach PE effectively, so too must the resources be available for children to use in lessons. We continue to renew and replace resources whenever necessary so that teachers have not just the skills and confidence, but the resources, to teach PE effectively.

Promoting Active Engagement of All Students in Physical Activity

Active engagement in physical activity is promoted in many different ways at St. Mary's. We have a broad curriculum which ensures that children cover a wide range of sports and are therefore more likely to experience a sport which they otherwise would not. This means that children are more likely to find a sport which really appeals to them.

To further promote active engagement, and support vulnerable children, a sports coach visits St. Mary's each week. Working with a carefully selected group of children, the coach provides the children with an opportunity to build self-esteem and confidence within a sporting context.

In addition to two hours long PE lessons each week, we offer additional clubs after school. This year, we have offered multi-sports and boxing as additional clubs available to children. These have proven to be hugely popular.

Maximizing Physical Activity during Playtime

During lunchtimes, our team of MDAs set up a host of interesting and engaging activities for children to engage in. The MDAs have wonderful relationships with the children and at the heart of these relationships are the exciting sporting activities that they play with the children. Lunchtimes also give children the opportunity to try something new and fun outside of the confines of a regular PE lesson. MDAs continuously trained and supported to ensure that sport and physical activity are at the heart of every day.